

# Curriculum Vitae

## Ashlee Ramsey

Dance Artist . Educator . Choreographer . Performer . Director . Yoga Teacher

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### EDUCATION

#### 2012: MFA Dance

Arizona State University—Herberger Institute of Design and the Arts, School of Dance.

#### 2004: BFA Dance

University of North Carolina at Greensboro

### PROFESSIONAL APPOINTMENTS

2023 - Present: Full Radius Dance – Rehearsal Director/Company Manager

2020 – Present: Core Dance Atlanta – Dynamic X-Change Teacher; Morning Class Teacher

2019 – Present: Full Radius Dance – Company Member

### ACADEMIC APPOINTMENTS

2016-2018: Adjunct Lecturer in Department of Performing Arts, Elon University

Fall 2018 DANC 210: Yoga  
DANC 223: Dance Ensemble

Spring 2018 DANC 214: Modern IV Technique  
DANC 210: Yoga

Fall 2017 DANC 210: Yoga

Spring 2017 DANC 210: Yoga

Fall 2016 DANC 210: Yoga

2016-2018: Adjunct Lecturer in Health & Exercise Science Department, Wake Forest University

Fall 2018 HES 120: East West Yoga  
HES 120: Introduction to Yoga

Spring 2018 HES 120: East West Yoga  
HES 120: Introduction to Yoga

Fall 2017 HES 120: Introduction to Yoga

Spring 2017 HES 120: Introduction to Yoga

Fall 2016 HES 120: Introduction to Yoga

2016-2018: Adjunct Lecturer in Department of Dance Studies, Salem College

Fall 2018 DANC 210: Dance in the Community

January 2018 DANC 270: Internship  
JANX 220: Yoga Immersion

Fall 2017 DANC 210: Dance in the Community  
DANC 140: Dance History

Spring 2017 DANC 140: Dance History

Fall 2016 DANC 210: Dance in the Community

2015-2017: Adjunct Lecturer in Department of Theatre and Dance, Winthrop University

Spring 2017 DANA 185: Dance Technique Conditioning Laboratory

Fall 2016 DANA 185: Dance Technique Conditioning Laboratory

Spring 2016 DANT 200: Improvisation  
DANA 211: Modern Technique IIB  
DANA 185: Dance Technique Conditioning Laboratory

Fall 2015 DANA 211: Modern Technique IIA  
DANA 185: Dance Technique Conditioning Laboratory

DANA 444: Performance Practicum. Winthrop University  
 2010-2012: Graduate Teaching Assistant, Arizona State University  
 Spring 2012 DCE 118: Yoga/Pilates  
 Fall 2011 DCE 220: Modern Technique II  
 DCE 118: Yoga/Pilates  
 Spring 2011 DCE 201: Dance and World Cultures (online course)  
 Fall 2010 DCE 118: Yoga/Pilates  
 DCE 120: Modern Technique I

### **PUBLICATIONS**

2010: Somatic Voyages: Exploring Ego, Self and Possibilities Through the Laban/Bartenieff Framework.  
*Journal of Dance and Somatic Practices*. Volume 2/Number 2. U.K.

### **CONFERENCE PRESENTATIONS**

2018: Elon University Intersect: Diversity and Leadership Conference. *From Can't to Can: Using Community Dance and Movement-Based Service Learning to Educate Disability Awareness, Engagement and Advocacy*

2017: 5<sup>th</sup> Annual Somatic Dance Conference and Performance Festival. *Finding Our Footing*

2010: National Dance Education Organization  
*Including Live Art in Dance Theory and Practice Classes*  
*Home-base and Alter-Ego: Using Laban Movement Analysis to Investigate Physical Choices*

### **SPECIALIZED TRAINING**

2018 & 2011: **Hindustan Kalari Sangam**. Calicut, Kerala, India. Research and training in Kalaripayattu – martial art indigenous to Kerala, India.

2017: **Axis Syllabus**. 4-week training with Karola Luttringhaus. Winston-Salem, NC 2017:  
**Laban/Bartenieff Intensive For Educators and Professional Artists**. Winston-Salem, NC  
 2016: **DanceAbility International Teacher Certification**. Eugene, Oregon/Vienna, Austria.

2013: **200 E-RYT** – Yoga Alliance Experience Registered Yoga Teacher.  
 230 Hour Yoga Teacher Training Certificate. Asheville Yoga Center, NC.

2011: **Dhanvantari Ayurveda Academy**. Kozhikode, India. Research and training in ayurvedic theory, massage, and pharmacology.

2011: **Attakkalari Centre for Movement Arts**. January 4 – March 24. Bangalore, India. Research in classical Indian dance forms and martial arts. Classes in Bharatanatyam, Kalaripayattu, Chau, Odissi, and contemporary dance.

### **OTHER INSTRUCTIONAL ACTIVITY**

2019: Core Dance. Instructor for Dynamic X-Change and Morning Classes  
 2019: Attakkalari Centre for Movement Arts. Guest Faculty  
 2013-2019: Wake Forest University. Yoga Instructor  
 2013-2019: YMCA of Northwest NC. Yoga Instructor  
 2013-2018: Village Yoga. Yoga Instructor  
 2014-2016: Yoga Dogz Hot Hatha Studio. Yoga Instructor

2013-2016: Yoga Gallery of Healing Arts. Yoga Instructor  
 2013 Spring: Warren Wilson College. Yoga Instructor  
 2013 Spring: Enka Middle School. Yoga Instructor for Faculty and Staff Wellness  
 2007-2009: The Dance Project at City Arts. Greensboro, NC  
 Modern Dance Instructor  
 Preballet Instructor  
 Ballet Instructor  
 2007-2008: Greensboro City Arts. Greensboro, NC.  
 Curriculum Developer and Dance Instructor for *Moving Words: A Poetry and Dance Fusion Class*.  
 Caldcleugh Recreation Center  
 Craft Recreation Center  
 Folk Teen Recreation Center  
 2006-2008: Artistic Motion School of Dance Greensboro, NC.  
 Creative Movement Instructor  
 Ballet Instructor  
 2006-2007: Greensboro City Arts—Dance Greensboro, NC.  
 Modern Dance Instructor  
 Creative Movement Instructor

## **RESEARCH AND CREATIVE ACTIVITY**

### **Papers**

- 2012: **Embodied Continuity: Weaving the Body Into a Web of Artistry and Ethnography.** Thesis document synthesizing research conducted in South India and the creation of a evening length dance work.
- 2012: **Kinesthetic Language / Embodied Knowledge.** A self-designed reading and conference with Dr. Pegge Vissicaro at Arizona State University.
- 2012: **Methodology of Somatically Embodied Ethnography: A Dancer's Pilot Study Into Emergent Design.** Spring and summer semesters. With assistance from Dr. Sarah Amira de la Garza.

### **Self Directed/Produced Shows**

- 2015: **The Sideshow Saturdays Project.** June 14-August 22. A series of interdisciplinary events driven by multiple artists that emphasize dance and embodied creativity, and are designed to incorporate community participation. Winston Salem, NC. Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.
- 2014: **With These Hands.** May 2. A site-specific performance for four dancers and one musician. Winston Salem, NC. Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.
- 2012: **Emerging Artists II.** December 2-4. Evening length thesis applied project presentation shared with fellow graduate student Whitney Waugh. Arizona State University.
- 2010: **Sensorial Meditations.** December 2 & 4, 2010. A site-specific venue for two choreographers, 16 dancers, and four musicians. Arizona State University. Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.
- 2010: **A Site-Specific Performance Installation.** A venue for 2 contributing choreographers, 10 dancers (mixed company of trained dancers and community members), 2 musicians, and 1 puppeteer. Arizona State University. Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.

2008: **Falling Grounded II: Engaging Space**. August 22-23. A venue for 4 contributing choreographers and a site-specific venue for 6 dancers, 4 musicians, 2 poets, 2 photographers, 1 digital artist, and 1 technical assistant. Cultural Arts Center, Greensboro, NC. Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.

2007: **Falling Grounded: A Modern Dance Concert**. A venue for 9 contributing choreographers. Two Art Chicks, Greensboro, NC. June 22, 2007. Responsibilities: organizing, booking, advertising, choreographing, performing.

2006: **Physical Initiation: An Evening of Modern Dance**. August 18-19. A venue for 8 choreographers and 1 poet. Cultural Arts Center, Greensboro, NC. Responsibilities: organizing, booking, advertising, choreographing, performing.

### **Choreographic Compositions**

2022: **Untitled**. Commissioned by Full Radius Dance. Solo choreography featuring dancer who uses a wheelchair.

2018: **Unknown, In Touch**. September 29 at Elon University. A site-specific quartet.

2017: **See Me, Hear Me**. November 30-December 1, 2019 at Salem College. A quintet investigating embodied activism and utilizing movement, spoken word, projection, props.

2017: **Two**. November 30-December 1, 2019 at Salem College.

2017 & 2016: **Finding Our Footing**. December 1-3, 2016 at Salem College. July 5-8, 2017 at 5<sup>th</sup> Annual Somatic Dance Conference and Performance Festival. A site-specific and stage performance or 9 dancers.

2015: **Universe Within**. November 12-15. A quintet utilizing sound, spoken word and video projection.

2014: **With These Hands**. May 2. A site-specific performance for four dancers and one musician. Performed at Yoga Gallery in Winston Salem, NC.

2012: **Entangled/Embraced: energy/language in/extending from our/my/yours/its tiny/infinite room/world**. December 2-4. Thesis applied project synthesizing research conducted in India into the creation of a participatory installation and performance project. Performed at ASU, Tempe, AZ.

2010: **Communal Imagination**. Site-specific performance. 45 minutes. 8 dancers and 2 live musicians. Live music by SungSang. Performed at ASU, Tempe, AZ.

2010: **A Site-Specific Performance Installation**. 40 minutes. 7 dancers and 2 musicians. Performed at ASU, Tempe AZ. Live music by Yhwh and DAKAR.

2009: **Hard to Glimpse**. 12 minutes. 3 dancers. Performed at ASU, Tempe, AZ. Music by Luis Harris, text from Rudyard Kipling's *Just So Stories*, text from *Brutal: Manhood and the Exploitation of Animals*, text from [www.un.com/en](http://www.un.com/en).

2009: **Where Are the Animals**. 10 minutes. 2 dancers. Performed at ASU, Tempe, AZ. Music by Luis Harris, text from Rudyard Kipling's *Just So Stories*, text from *Brutal: Manhood and the Exploitation of Animals*, text from [www.un.com/en](http://www.un.com/en).

2009: **Continuity**. 17 minutes. 7 dancers. Performed in the Greensboro Fringe Festival, Greensboro, NC. Music: Jonathan Hoffman playing Philip Glass.

2007: **Shared Fabric**. 12 minutes. 6 dancers. Performed in Greensboro, NC. Music: Ashlee Ramsey and Joel Stroup.

2006: **Comparative Commentary**. 9 minutes. 6 dancers. Performed in Greensboro, NC. Music: Jason Smith and Godspeed You Black Emperor.

2005: **Falling Experiment**. 6 minutes. 3 dancers. Performed in Raleigh, NC.

2004: **I Can See the Sea**. 7 minutes. 2 dancers. Performed at UNC-Greensboro, NC and at the Greensboro Fringe Festival, Greensboro, NC. Music: Mazzy Star and Mogwai

### **Self-Performed Solo Choreography**

2014 & 2011: **Star-Gaze of the Far Away Other**. 8 minutes. Performed at ASU, Tempe, AZ. Projection: Self-designed/filmed/edited; subject Anthony Kelly. Music: Self-designed original composition of recordings from research travel in India.

2005: **Clouds**. 6 minutes. Performed in Durham, NC. Music: Jason Smith.

2004: **Dual Mind**. 6 minutes. Performed in Carrboro, NC. Music: Jason Smith.

## Structured Improvisations

- 2020: **Proximity in the Park**. Site Specific Improvisation at Dresden Park and Country Gardens Senior Living Center. Atlanta and Duluth, GA.
- 2008: **Engaging Space: Freedom and Restraint**. 90 minutes. Site Specific Improvisation for 6 dancers, 4 musicians, 2 poets, 2 photographers, 1 digital artist, and 1 technical assistant. Performed in Greensboro, NC.
- 2006: **Moving Words**. 7 minutes. Collaborative Improvisation with Jennifer McNure and Clement Mallory. Music: Live poetry by Clement Mallory.
- 2006: **Visceral of My Suitcase**. 45 minutes. Collaborative Improvisation with Renay Aumiller and Kathryn Ullom. 3 dancers. Performed in Raleigh, NC. Music: David McConnell.
- 2005: **Burnt**. 10 minutes. Collaborative Improvisation with dancers Renay Aumiller, Cara Clark, Alexis Mastromachalis, Kathryn Ullom and musicians *Phon*. Performed in Raleigh, NC.

## Collaborative Choreography

- 2009: **SyncQuest**. 10 minutes. Collaboration with Jennifer McNure. 2 dancers. Performed at Artomatic in Washington, D.C. Music: My Majestic Star.
- 2008: **Trifecta**. 10 minutes. Collaboration with Jennifer McNure and Cory Stephenson. 3 dancers. Performed in Greensboro Fringe Festival, Greensboro, NC; Saturday Series, Greensboro, NC; and in Asheville, NC. Music: Portishead.
- 2006: **No, I Agree**. 6 minutes. Collaboration with Katherine Ullom. 2 dancers. Performed in Greensboro, NC, Raleigh, NC, and at ASU, Tempe, AZ. Music: Marconi Union.
- 2006: **Still Untitled**. 12 minutes. Collaboration with Jennifer McNure. 2 dancers. Performed in Greensboro, NC and Raleigh, NC. Music: Jason Smith.
- 2006: **Wasted Time**. 8 minutes. Collaboration with Renay Aumiller. 2 dancers. Performed at the American Dance Festival in Durham, NC; Greensboro, NC; Cary, NC, and Raleigh, NC. Music: Live accompaniment by Phon.

## Performance Experience

- 2019-Present: **Full Radius Dance**. Various ongoing performances under the artistic direction of Douglas Scott. Atlanta, New York, Miami, Hattiesburg.
- 2016: **DanceAbility International Site-Specific Informance**. Museums Quartier, Vienna, Austria.
- 2016: **Cannundrum**. Performed at Triad Choreographer's Showcase. Choreographed by Brianna Taylor.
- 2015: **Buoyancy IV**. Performed at Triad Choreographer's Showcase and NC Dance Festival. Choreography by Amy Beasley.
- 2015: **Star-Gaze of the Far Away Other**. Performed at Greensboro Fringe Festival, NC. Projection: Self designed/filmed/edited; subject Anthony Kelly. Music: Self-designed original composition of recordings from research travel in India.
- 2014: **With These Hands**. May 2. A site-specific performance for four dancers and one musician. Performed at Yoga Gallery in Winston Salem, NC.
- 2014: **Rotate/Revolve**. Choreographer: Kristen Osborne Lucas. Performed for the Traversing Music and Dance event as part of the Carolina Summer Music Series. Winston-Salem, NC. Also performed at the Green Hill Center for Contemporary Art. Greensboro, NC.
- 2011: **Star-Gaze of the Far Away Other**. Performed at ASU, Tempe, AZ. Projection: Self designed/filmed/edited; subject Anthony Kelly. Music: Self-designed original composition of recordings from research travel in India.
- 2011: **A Sense Of...** Choreographer: Kathryn Ullom. Performed at ASU, Tempe, AZ.
- 2009: **Where Are the Animals**. 2 dancers. Performed at ASU, Tempe, AZ. Music by Luis Harris, text from Rudyard Kipling's *Just So Stories*, text from *Brutal: Manhood and the Exploitation of Animals*, text from [www.un.com/en](http://www.un.com/en).
- 2009: **Continuity**. 7 dancers. Performed in the Greensboro Fringe Festival, Greensboro, NC. Music: Jonathan Hoffman playing Philip Glass.
- 2009: **SyncQuest**. Collaboration with Jennifer McNure. 2 dancers. Performed at Artomatic in Washington, D.C. Music: My Majestic Star.

- 2008: **Engaging Space: Freedom and Restraint**. Site Specific Improvisation for 6 dancers, 4 musicians, 2 poets, 2 photographers, 1 digital artist, and 1 technical assistant. Performed in Greensboro, NC.
- 2008: **Trifecta**. Collaboration with Jennifer McNure and Cory Stephenson. 3 dancers. Performed in Greensboro Fringe Festival, Greensboro, NC; Saturday Series, Greensboro, NC; and in Asheville, NC. Music: Portishead.
- 2007: **Every Text Has an Intertext**. Choreographer: Christina Tsoules-Soriano. Performed in North Carolina Dance Festival: Asheville, NC; Boone, NC; Charlotte, NC; Greensboro, NC; Raleigh, NC; and Wilmington, NC. Performed at Trinity College, Hartford CT and at Brown University, Providence, RI.
- 2007: **The Tragic End of Lust**. Choreographer: John Gamble. Performed in North Carolina Dance Festival: Asheville, NC; Boone, NC; Charlotte, NC; Greensboro, NC; Raleigh, NC; and Wilmington, NC. Performed at UNC-Greensboro.
- 2007: **Between the Bones and the Branches**. Choreographer: Amy Love Beasley. Performed in Greensboro, NC.
- 2007: **Nulliparous Divining**. Choreographer: Jennifer McNure. Performed in Greensboro Fringe Festival, NC.
- 2007: **Untitled**. Choreographer: Amy Love Beasley. Performed in Greensboro Fringe Festival, Greensboro, NC.
- 2006: **Moving Words**. Collaborative Improvisation with Jennifer McNure and Clement Mallory. Music: Live poetry by Clement Mallory. Performed
- 2006: **No, I Agree**. Collaboration with Katherine Ullom. 2 dancers. Performed in Greensboro, NC, Raleigh, NC, and at ASU, Tempe, AZ. Music: Marconi Union.
- 2006: **Still Untitled**. Collaboration with Jennifer McNure. 2 dancers. Performed in Greensboro, NC and Raleigh, NC. Music: Jason Smith.
- 2006: **Visceral of My Suitcase**. Collaborative Improvisation with Renay Aumiller and Katherine Ullom. 3 dancers. Performed in Raleigh, NC. Music: David McConnell.
- 2006: **Wasted Time**. Collaboration with Renay Aumiller. 2 dancers. Performed at the American Dance Festival in Durham, NC; Greensboro, NC; Cary, NC, and Raleigh, NC. Music: Live accompaniment by Phon.
- 2006: **Winter Ashes**. Choreographer: John Gamble. Performed in North Carolina Dance Festival: Asheville, NC; Boone, NC; Charlotte, NC; Greensboro, NC; Raleigh, NC; and Wilmington, NC. Performed at UNC-Greensboro.
- 2006: **Blindly Bleeding**. Choreographer: Sean Sullivan. Performed in Greensboro, NC.
- 2005: **Different Means to No End**. Choreographer: Christine Kiernan. Performed in Greensboro, NC.
- 2005: **Points of Perspective**. Choreographer: Christine Kiernan. Performed in Greensboro, NC.
- 2005: **Stir**. Choreographer: Christine Kiernan. Performed in Greensboro, NC.
- 2005: **Falling Experiment**. 3 dancers. Performed in Raleigh, NC.
- 2005: **Clouds**. Performed in Durham, NC. Music: Jason Smith.
- 2004: **Dual Mind**. Performed in Carrboro, NC. Music: Jason Smith.
- 2004: **I Can See the Sea**. 2 dancers. Performed at UNC-Greensboro, NC and at the Greensboro Fringe Festival, Greensboro, NC. Music: Mazzy Star and Mogwai.

## **PROFESSIONAL TRAINING**

- 2016: Impulstanz Dance Festival, Vienna Austria. Workshops with Kenji Takagi and Kerstin Kussmaul.
- 2014: Contact Improvisation workshops and classes with Asheville Jam in Asheville, NC.
- 2011: Attakkalari Centre for Movement Arts. Classes in Bharatnatyam, Kalaripayattu, Chhau, Ballet, Contemporary, and Choreography. Bangalore, Karnataka, India.
- 2011: Hindustan Kalari Sangam. Kalaripayattu training. Calicut, Kerala, India.
- 2011: Dhanvantari Ayurveda Academy. Ayurvedic Massage and Panchankarma Therapy Training. Calicut, Kerala, India.
- 2010: Collaborative Institutional Training Initiative. Course: Social and Behavioral Research Investigators and Key Personnel - Ethical methods for research with human subjects.
- 2005-2006: Contact Improvisation for Professionals. Instructed by John Gamble. Greensboro, NC.
- 2001, 2004, 2005: American Dance Festival—Six Week School, Durham, NC.
- 2005: American Dance Festival. January Intensive in New York.
- 2000: North Carolina School of the Arts—Summer Session. Winston Salem, NC.

## SERVICE

- 2013: Volunteer for Asheville Movement Collective  
Participant in Asheville Movement Collective Dance Leadership Circle
- 2009-2012: Member of National Dance Education Organization. U.S. based dance in education advocacy organization.
- 2010: Volunteer position as Artistic Director for Graduate Choreography Concert. School of Dance, Arizona State University.
- 2009-2010: G.R.A.D.S. Class Representative. School of Dance graduate student advocacy organization. Arizona State University.
- 2008-2009: North Carolina Dance Alliance Member.
- 2006: Volunteer choreographer for *King Midas and the Golden Palace*. Greensboro City Arts—Children’s Theatre, Greensboro, NC.

## AWARDS AND GRANTS

- 2016: **Generosity Campaign Grant.** \$1560 raised through community engagement in support of training with DanceAbility International.
- 2015: **Indiegogo Campaign Grant.** \$1345.00 raised through community engagement in support of The Sideshow Saturdays Project.
- 2011-2012: **Katherine Herberger Scholarship.** \$4000.00 Arizona State University—Herberger Institute of Design and the Arts.
- 2010-2011: **Student Enrichment Grant.** \$800.00. Arizona State University—Herberger Institute of Design and the Arts.
- Student Travel Grant.** \$350.00. Arizona State University Graduate College.
- Eirene Peggy Lamb Scholarship.** \$2500.00. Arizona State University—Herberger Institute of Design and the Arts.
- Herberger Graduate Award.** \$2000.00. Arizona State University—Herberger Institute of Design and the Arts.
- Special Talent Award.** \$500.00. Arizona State University—Herberger Institute of Design and the Arts.
- 2010: **Jumpstart Grant.** \$250.00. Arizona State University—Graduate and Professional Student Organization.
- 2009-2010: **Student Block Scholarship.** \$5000.00. Arizona State University—Herberger Institute of Design and the Arts.
- Special Talent Scholarship.** \$1000.00. Arizona State University—Herberger Institute of Design and the Arts.
- 2008: **North Carolina Dance Alliance Mini-Grant.** \$150.00—Grant money directed towards funding *Falling Grounded II: Engaging Space*.
- 2008: **United Arts Council Organizational Grant** \$2400.00—Grant money directed towards *Moving Words: A Poetry and Dance Fusion Class*. Fiscal Agent—Greensboro City Arts, a department of Greensboro Parks and Recreation.
- 2004: **American Dance Festival Six Week School Scholarship** \$1000.00