

# Curriculum Vitae

Ashlee Ramsey

**Dance Artist . Educator . Choreographer . Performer . Director . Yoga Teacher**

5717 Friendship Circle, East Bend, NC 27018

ashlee.jo.ramsey@gmail.com (336) 830-1385

[ashleeramsey.weebly.com](http://ashleeramsey.weebly.com)

## EDUCATION

2013: 230 Hour Yoga Teacher Training Certificate. Asheville Yoga Center, NC.  
200 E-RYT – Yoga Alliance Experience Registered Yoga Teacher.

2012: MFA Dance, December 2012.  
Arizona State University—Herberger Institute of Design and the Arts, School of Dance.

Coursework:

| Course Title   | Focus Topics / Training / Style  |
|--|--|
| Post-Modern Contemporary Technique                       | Fusion of Multiple Styles/Traditions/Systems: Release Technique, Movement Fundamentals, Somatics (ideokinesis, Body-Mind Centering, Alexander Technique), Yoga, Ballet   |
| Creative Practices                                       | Personal Inquiry, Personal Methodology, Practice-based Research, Creative Choice, Contemporary Artists/Work, Individual Projects In/Out of Class   |
| Movement Practices                                       | Laban Movement Analysis, Feldenkrais, Alexander Technique, Kung Fu, Yoga   |
| Somatics/Movement Language Sources                       | Bartenieff Movement Fundamentals, Body-Mind Centering, Ideokinesis, Alexander Technique  |
| Pedagogy   | Pedagogy of the Oppressed, Ethical Considerations, Evaluation, Classroom Management, Teaching Skills, Syllabus Development, Semester & Lesson Plan Development   |
| Teaching Apprenticeships                                 | Dance History, Somatic Practices   |
| Independent Research/Reading and Conference              | Ethnographic Research Project: Calicut, Kerala, India – Kalaripayattu and Ayurvedic training in traditional guru-pupil family/household setting; Bangalore, Karnataka, India – Bharatnatyam, Kalaripayattu, Chau, and Forms of Contemporary Dance in South India |
| Advanced Field Research Methods – Deep Reflexive Methods | Independent Research, Methodology Design using guiding paradigms: Grounded Theory, Four Seasons of Ethnography, Naturalistic Inquiry   |
| Dance For Film   | Techniques for Filming & Editing, Dance For Film History and Contemporary Artists  |
| Arts Entrepreneurship                                    | Contemporary Forms of Arts Entrepreneurship, Resources and Funding, Budgets, Business  |
| Arts Entrepreneurship Seminar                            | Plans, Methods of Action, Presentation Techniques  |

2004: BFA Dance  
University of North Carolina at Greensboro

2003: International Student Exchange  
University of Hull, Scarborough Campus U.K.

## ACADEMIC APPOINTMENTS

2016: DANC 202: Movement Research and Somatic Study. Salem College  
DANA 211: Modern Technique IIb. Winthrop University  
DANT 200: Improvisation. Winthrop University  
DANA 185: Dance Technique Conditioning Laboratory. Winthrop University  
2015: DANA 211: Modern Technique IIa. Winthrop University  
DANA 444: Performance Practicum. Winthrop University  
DANA 185: Dance Technique Conditioning Laboratory. Winthrop University  
2012: DCE 118: Yoga/Pilates. Arizona State University  
2011: DCE 220: Modern Technique II. Arizona State University

DCE 118: Yoga/Pilates. Arizona State University  
 2011: DCE 201: Dance and World Cultures (online course). Arizona State University  
 2010: DCE 118: Yoga/Pilates. Arizona State University  
 DCE 120: Modern Technique I. Arizona State University

### **INSTRUCTIONAL ACTIVITY**

2016 (spring): Salem College. Adjunct Dance Faculty. Department of Dance.

2015-2016: Winthrop University. Adjunct Dance Faculty. Department of Theatre and Dance.

2013-2014: Wake Forest University. Yoga Instructor.

2013-2014: YMCA of Northwest NC. Yoga Instructor.

2013-2014: Village Yoga. Yoga Instructor.

2013 Spring: Warren Wilson College. Yoga Instructor.

2013 Spring: Enka Middle School. Yoga Instructor for Faculty and Staff Wellness.

2012 Spring: Arizona State University. Herberger Institute of Design and the Arts, School of Dance.  
 Yoga/Pilates Instructor – DCE 118

2011 Fall: Arizona State University. Herberger Institute of Design and the Arts, School of Dance.  
 Modern Dance II Instructor – DCE 220  
 Yoga/Pilates Instructor – DCE 118

2011 Spring: Attakkalari Centre for Movement Arts. Bangalore, Karnataka, India.  
 Contemporary Dance Instructor  
 Improvisation Instructor  
 Contact Improvisation Instructor

2011 Spring: Arizona State University. Herberger Institute of Design and the Arts. School of Dance.  
 Dance and World Cultures online course instructor – DCE 201

2010 Fall: Arizona State University. Herberger Institute of Design and the Arts. School of Dance.  
 Yoga/Pilates Instructor – DCE 118

2010 Spring: Arizona State University. Herberger Institute of Design and the Arts. School of Dance.  
 Modern Dance Instructor – DCE 120

2007-2009: The Dance Project at City Arts. Greensboro, NC.  
 Modern Dance Instructor  
 Preballet Instructor  
 Ballet Instructor

2007-2008: Greensboro City Arts. Greensboro, NC.  
 Curriculum Developer and Dance Instructor for *Moving Words: A Poetry and Dance Fusion Class*.  
 Caldcleugh Recreation Center  
 Craft Recreation Center  
 Folk Teen Recreation Center

2006-2008: Artistic Motion School of Dance Greensboro, NC.  
Creative Movement Instructor  
Ballet Instructor

2006-2007: Greensboro City Arts—Dance Greensboro, NC.  
Modern Dance Instructor  
Creative Movement Instructor

### RESEARCH AND CREATIVE ACTIVITY

2012: **Embodied Continuity: Weaving the Body Into a Web of Artistry and Ethnography.** Thesis document synthesizing research conducted in South India and the creation of an evening length dance work.

2012: **Kinesthetic Language / Embodied Knowledge.** Fall semester. A self-design reading and conference with Dr. Pegge Vissicaro at Arizona State University.

2012: **Methodology of Somatically Embodied Ethnography: A Dancer's Pilot Study Into Emergent Design.** Spring and summer semesters. With assistance from Dr. Sarah Amira de la Garza.

### **International Research and Training**

2011: **Hindustan Kalari Sangam.** March 26 – May 15. Calicut, Kerala, India. Research and training in Kalaripayattu – martial art indigenous to Kerala, India.

2011: **Dhanvantari Ayurveda Academy.** March 26 – April 26. Kozhikode, India. Research and training in ayurvedic theory, massage, and pharmacology.

2011: **Attakkalari Centre for Movement Arts.** January 4 – March 24. Bangalore, India. Research in classical Indian dance forms and martial arts. Classes in Bharatanatyam, Kalaripayattu, Chau, Odissi, and contemporary dance.

### **Self Directed/Produced Shows**

2015: ***The Sideshow Saturdays Project.*** June 14-August 22. A series of interdisciplinary events driven by multiple artists that emphasize dance and embodied creativity, and are designed to incorporate community participation. Winston Salem, NC. Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.

2014: ***With These Hands.*** May 2. A site-specific performance for four dancers and one musician. Winston Salem, NC. Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.

2012: ***Emerging Artists II.*** December 2-4. Evening length thesis applied project presentation shared with fellow graduate student Whitney Waugh. Arizona State University.

2010: ***Sensorial Meditations.*** December 2 & 4, 2010. A site-specific venue for two choreographers, 16 dancers, and four musicians. Arizona State University. Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.

2010: ***A Site-Specific Performance Installation.*** A venue for 2 contributing choreographers, 10 dancers (mixed company of trained dancers and community members), 2 musicians, and 1 puppeteer. Arizona State University. Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.

- 2008: **Falling Grounded II: Engaging Space.** August 22-23. A venue for 4 contributing choreographers and a site-specific venue for 6 dancers, 4 musicians, 2 poets, 2 photographers, 1 digital artist, and 1 technical assistant. Cultural Arts Center, Greensboro, NC.  
Responsibilities: organizing, booking, advertising, fund-raising, choreographing, performing.
- 2007: **Falling Grounded: A Modern Dance Concert.** A venue for 9 contributing choreographers. Two Art Chicks, Greensboro, NC. June 22, 2007.  
Responsibilities: organizing, booking, advertising, choreographing, performing.
- 2006: **Physical Initiation: An Evening of Modern Dance.** August 18-19. A venue for 8 choreographers and 1 poet. Cultural Arts Center, Greensboro, NC. Responsibilities: organizing, booking, advertising, choreographing, performing.

### Choreographic Compositions

- 2015: **Universe Within.** November 12-15. A quintet utilizing sound, spoken word and video projection.
- 2014: **With These Hands.** May 2. A site-specific performance for four dancers and one musician. Performed at Yoga Gallery in Winston Salem, NC.
- 2012: **Entangled/Embraced: energy/language in/extending from our/my/yours/its tiny/infinite room/world.** December 2-4. Thesis applied project synthesizing research conducted in India into the creation of a participatory installation and performance project. Performed at ASU, Tempe, AZ.
- 2010: **Communal Imagination.** Site-specific performance. 45 minutes. 8 dancers and 2 live musicians. Live music by SungSang. Performed at ASU, Tempe, AZ.
- 2010: **A Site-Specific Performance Installation.** 40 minutes. 7 dancers and 2 musicians. Performed at ASU, Tempe AZ. Live music by Yhwh and DAKAR.
- 2009: **Hard to Glimpse.** 12 minutes. 3 dancers. Performed at ASU, Tempe, AZ. Music by Luis Harris, text from Rudyard Kipling's *Just So Stories*, text from *Brutal: Manhood and the Exploitation of Animals*, text from [www.un.com/en](http://www.un.com/en).
- 2009: **Where Are the Animals.** 10 minutes. 2 dancers. Performed at ASU, Tempe, AZ. Music by Luis Harris, text from Rudyard Kipling's *Just So Stories*, text from *Brutal: Manhood and the Exploitation of Animals*, text from [www.un.com/en](http://www.un.com/en).
- 2009: **Continuity.** 17 minutes. 7 dancers. Performed in the Greensboro Fringe Festival, Greensboro, NC. Music: Jonathan Hoffman playing Philip Glass.
- 2007: **Shared Fabric.** 12 minutes. 6 dancers. Performed in Greensboro, NC. Music: Ashlee Ramsey and Joel Stroup.
- 2006: **Comparative Commentary.** 9 minutes. 6 dancers. Performed in Greensboro, NC. Music: Jason Smith and Godspeed You Black Emperor.
- 2005: **Falling Experiment.** 6 minutes. 3 dancers. Performed in Raleigh, NC.
- 2004: **I Can See the Sea.** 7 minutes. 2 dancers. Performed at UNC-Greensboro, NC and at the Greensboro Fringe Festival, Greensboro, NC. Music: Mazzy Star and Mogwai.

### Self-Performed Solo Choreography

- 2011: **Star-Gaze of the Far Away Other.** 8 minutes. Performed at ASU, Tempe, AZ. Projection: Self-designed/filmed/edited; subject Anthony Kelly. Music: Self-designed original composition of recordings from research travel in India.
- 2005: **Clouds.** 6 minutes. Performed in Durham, NC. Music: Jason Smith.
- 2004: **Dual Mind.** 6 minutes. Performed in Carrboro, NC. Music: Jason Smith.

### Structured Improvisations

- 2008: **Engaging Space: Freedom and Restraint.** 90 minutes. Site Specific Improvisation for 6 dancers, 4 musicians, 2 poets, 2 photographers, 1 digital artist, and 1 technical assistant. Performed in Greensboro, NC.
- 2006: **Moving Words.** 7 minutes. Collaborative Improvisation with Jennifer McNure and Clement Mallory. Music: Live poetry by Clement Mallory.
- 2006: **Visceral of My Suitcase.** 45 minutes. Collaborative Improvisation with Renay Aumiller and Kathryn Ullom. 3 dancers. Performed in Raleigh, NC. Music: David McConnell.
- 2005: **Burnt.** 10 minutes. Collaborative Improvisation with dancers Renay Aumiller, Cara Clark, Alexis Mastromachalis, Kathryn Ullom and musicians *Phon*. Performed in Raleigh, NC.

### Collaborative Choreography

- 2009: **SyncQuest.** 10 minutes. Collaboration with Jennifer McNure. 2 dancers. Performed at Artomatic in Washington, D.C. Music: My Majestic Star.
- 2008: **Trifecta.** 10 minutes. Collaboration with Jennifer McNure and Cory Stephenson. 3 dancers. Performed in Greensboro Fringe Festival, Greensboro, NC; Saturday Series, Greensboro, NC; and in Asheville, NC. Music: Portishead.
- 2006: **No, I Agree.** 6 minutes. Collaboration with Katherine Ullom. 2 dancers. Performed in Greensboro, NC, Raliegh, NC, and at ASU, Tempe, AZ. Music: Marconi Union.
- 2006: **Still Untitled.** 12 minutes. Collaboration with Jennifer McNure. 2 dancers. Performed in Greensboro, NC and Raliegh, NC. Music: Jason Smith.
- 2006: **Wasted Time.** 8 minutes. Collaboration with Renay Aumiller. 2 dancers. Performed at the American Dance Festival in Durham, NC; Greensboro, NC; Cary, NC, and Raleigh, NC. Music: Live accompaniment by Phon.

### Performance Experience

- 2015: *Star-Gaze of the Far Away Other.* Performed at ASU, Tempe, AZ. Projection: Self-designed/filmed/edited; subject Anthony Kelly. Music: Self-designed original composition of recordings from research travel in India.
- 2014: **With These Hands.** May 2. A site-specific performance for four dancers and one musician. Performed at Yoga Gallery in Winston Salem, NC.
- 2011: **Star-Gaze of the Far Away Other.** Performed at ASU, Tempe, AZ. Projection: Self-designed/filmed/edited; subject Anthony Kelly. Music: Self-designed original composition of recordings from research travel in India.
- 2009: **Where Are the Animals.** 2 dancers. Performed at ASU, Tempe, AZ. Music by Luis Harris, text from Rudyard Kipling's *Just So Stories*, text from *Brutal: Manhood and the Exploitation of Animals*, text from [www.un.com/en](http://www.un.com/en).
- Continuity.** 7 dancers. Performed in the Greensboro Fringe Festival, Greensboro, NC. Music: Jonathan Hoffman playing Philip Glass.
- SyncQuest.** Collaboration with Jennifer McNure. 2 dancers. Performed at Artomatic in Washington, D.C. Music: My Majestic Star.
- 2008: **Engaging Space: Freedom and Restraint.** Site Specific Improvisation for 6 dancers, 4 musicians, 2 poets, 2 photographers, 1 digital artist, and 1 technical assistant. Performed in Greensboro, NC.
- Trifecta.** Collaboration with Jennifer McNure and Cory Stephenson. 3 dancers. Performed in Greensboro Fringe Festival, Greensboro, NC; Saturday Series, Greensboro, NC; and in Asheville, NC. Music: Portishead.
- 2006: **Moving Words.** Collaborative Improvisation with Jennifer McNure and Clement Mallory. Music: Live poetry by Clement Mallory. Performed
- 2006: **No, I Agree.** Collaboration with Katherine Ullom. 2 dancers. Performed in Greensboro, NC, Raliegh, NC, and at ASU, Tempe, AZ. Music: Marconi Union.

- 2006: **Still Untitled.** Collaboration with Jennifer McNure. 2 dancers. Performed in Greensboro, NC and Raleigh, NC. Music: Jason Smith.
- 2006: **Visceral of My Suitcase.** Collaborative Improvisation with Renay Aumiller and Katherine Ullom. 3 dancers. Performed in Raleigh, NC. Music: David McConnell.
- 2006: **Wasted Time.** Collaboration with Renay Aumiller. 2 dancers. Performed at the American Dance Festival in Durham, NC; Greensboro, NC; Cary, NC, and Raleigh, NC. Music: Live accompaniment by Phon.
- 2005: **Burnt.** Collaborative Improvisation with dancers Renay Aumiller, Cara Clark, Alexis Mastromachalis, Katherine Ullom and musicians *Phon*. Performed in Raleigh, NC.
- 2005: **Falling Experiment.** 3 dancers. Performed in Raleigh, NC.
- 2005: **Clouds.** Performed in Durham, NC. Music: Jason Smith.
- 2004: **Dual Mind.** Performed in Carrboro, NC. Music: Jason Smith.
- 2004: **I Can See the Sea.** 2 dancers. Performed at UNC-Greensboro, NC and at the Greensboro Fringe Festival, Greensboro, NC. Music: Mazzy Star and Mogwai.

### Commissioned Performance Experience

- 2015: **Stargaze of the Faraway Other.** Choreographer: Ashlee Ramsey. Performed in Greensboro Fringe Festival.
- 2014: **Boycancy IV.** Choreographer: Amy Beasley. Performed in NC Dance Festival, Greensboro, NC.
- 2014: **Rotate/Revolve.** Choreographer: Kristen Osborne Lucas. Performed for the Traversing Music and Dance event as part of the Carolina Summer Music Series. Winston-Salem, NC. Also performed at the Green Hill Center for Contemporary Art. Greensboro, NC.
- 2011: **A Sense Of...** Choreographer: Kathryn Ullom. Performed at ASU, Tempe, AZ.
- 2007: **Every Text Has an Intertext.** Choreographer: Christina Tsoules-Soriano. Performed in North Carolina Dance Festival: Asheville, NC; Boone, NC; Charlotte, NC; Greensboro, NC; Raleigh, NC; and Wilmington, NC. Performed at Trinity College, Hartford CT and at Brown University, Providence, RI.
- 2007: **The Tragic End of Lust.** Choreographer: John Gamble. Performed in North Carolina Dance Festival: Asheville, NC; Boone, NC; Charlotte, NC; Greensboro, NC; Raleigh, NC; and Wilmington, NC. Performed at UNC-Greensboro.
- 2007: **Between the Bones and the Branches.** Choreographer: Amy Love Beasley. Performed in Greensboro, NC.
- 2007: **Nalliporous Divining.** Choreographer: Jennifer McNure. Performed in Greensboro Fringe Festival, NC.
- 2007: **Untitled.** Choreographer: Amy Love Beasley. Performed in Greensboro Fringe Festival, Greensboro, NC.
- 2006: **Winter Ashes.** Choreographer: John Gamble. Performed in North Carolina Dance Festival: Asheville, NC; Boone, NC; Charlotte, NC; Greensboro, NC; Raleigh, NC; and Wilmington, NC. Performed at UNC-Greensboro.
- 2006: **Blindly Bleeding.** Choreographer: Sean Sullivan. Performed in Greensboro, NC.
- 2005: **Different Means to No End.** Choreographer: Christine Kiernan. Performed in Greensboro, NC.
- 2005: **Points of Perspective.** Choreographer: Christine Kiernan. Performed in Greensboro, NC.
- 2005: **Stir.** Choreographer: Christine Kiernan. Performed in Greensboro, NC.

### PUBLICATIONS

- 2010: Somatic Voyages: Exploring Ego, Self and Possibilities Through the Laban/Bartenieff Framework. *Journal of Dance and Somatic Practices*. Volume 2/Number 2. U.K.

## **CONFERENCE PRESENTATIONS**

- 2010: National Dance Education Organization  
Including Live Art in Dance Theory and Practice Classes  
Home-base and Alter-Ego: Using Laban Movement Analysis to Investigate Physical Choices

## **SPECIALIZED / PROFESSIONAL TRAINING**

- 2014: Contact Improvisation workshops and classes with Asheville Jam in Asheville, NC.  
2011: Attakkalari Centre for Movement Arts. Classes in Bharatnatyam, Kalaripayattu, Chau, Ballet, Contemporary, and Choreography. Bangalore, Karnataka, India.  
2011: Hindustan Kalari Sangam. Kalaripayattu training. Calicut, Kerala, India.  
2011: Dhanvantari Ayurveda Academy. Ayurvedic Massage and Panchankarma Therapy Training. Calicut, Kerala, India.  
2010: Collaborative Institutional Training Initiative. Course: Social and Behavioral Research Investigators and Key Personnel - Ethical methods for research with human subjects.  
2005-2006: Contact Improvisation for Professionals. Instructed by John Gamble. Greensboro, NC.  
2001, 2004, 2005: American Dance Festival—Six Week School, Durham, NC.
- |                           |   |
|---------------------------|---|
| Modern:                   | Keith Thompson<br>Anouk Van Djke<br>Jennifer Nugent<br>Neta Pulvermacher<br>Betty Jones |
| Improvisation:            | Jennifer Nugent<br>Ishmael Houston-Jones  |
| Repertory:                | David Dorfman<br>Lisa Race  |
| Contact<br>Improvisation: | Vitali Krononov   |
| Choreography:             | Miguel Gutierrez  |
| Pilates:                  | Pam Pietro  |
- 2005: American Dance Festival. January Intensive in New York.  
2000: North Carolina School of the Arts—Summer Session. Winston Salem, NC.
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|---------------|----------------|
| Modern:       | Diane Markham  |
| Repertory:    | Diane Markham  |
| Composition:  | Brenda Daniels |
| Conditioning: | Trish Casey    |

## **SERVICE**

- 2013: Volunteer for Asheville Movement Collective  
Participant in Asheville Movement Collective Dance Leadership Circle  
2009-present: Member of National Dance Education Organization. U.S. based dance in education advocacy organization.  
2010: Volunteer position as Artistic Director for Graduate Choreography Concert. School of Dance, Arizona State University.  
2009-2010: G.R.A.D.S. Class Representative. School of Dance graduate student advocacy organization. Arizona State University.  
2008-2009: North Carolina Dance Alliance Member.

2006: Volunteer choreographer for *King Midas and the Golden Palace*. Greensboro City Arts—Children’s Theatre, Greensboro, NC.

### **AWARDS AND GRANTS**

- 2015: **Indiegogo Campaign Grant.** \$1345.00 raised through community engagement in support of The Sideshow Saturdays Project.
- 2011-2012: **Katherine Herberger Scholarship.** \$4000.00 Arizona State University—Herberger Institute of Design and the Arts.
- 2010-2011: **Student Enrichment Grant.** \$800.00. Arizona State University—Herberger Institute of Design and the Arts.
- Student Travel Grant.** \$350.00. Arizona State University Graduate College.
- Eirene Peggy Lamb Scholarship.** \$2500.00. Arizona State University—Herberger Institute of Design and the Arts.
- Herberger Graduate Award.** \$2000.00. Arizona State University—Herberger Institute of Design and the Arts.
- Special Talent Award.** \$500.00. Arizona State University—Herberger Institute of Design and the Arts.
- 2010: **Jumpstart Grant.** \$250.00. Arizona State University—Graduate and Professional Student Organization.
- 2009-2010: **Student Block Scholarship.** \$5000.00. Arizona State University—Herberger Institute of Design and the Arts.
- Special Talent Scholarship.** \$1000.00. Arizona State University—Herberger Institute of Design and the Arts.
- 2008: **North Carolina Dance Alliance Mini-Grant.** \$150.00—Grant money directed towards funding *Falling Grounded II: Engaging Space*.
- 2008: **United Arts Council Organizational Grant** \$2400.00—Grant money directed towards *Moving Words: A Poetry and Dance Fusion Class*. Fiscal Agent—Greensboro City Arts, a department of Greensboro Parks and Recreation.
- 2004: **American Dance Festival Six Week School Scholarship** \$1000.00.